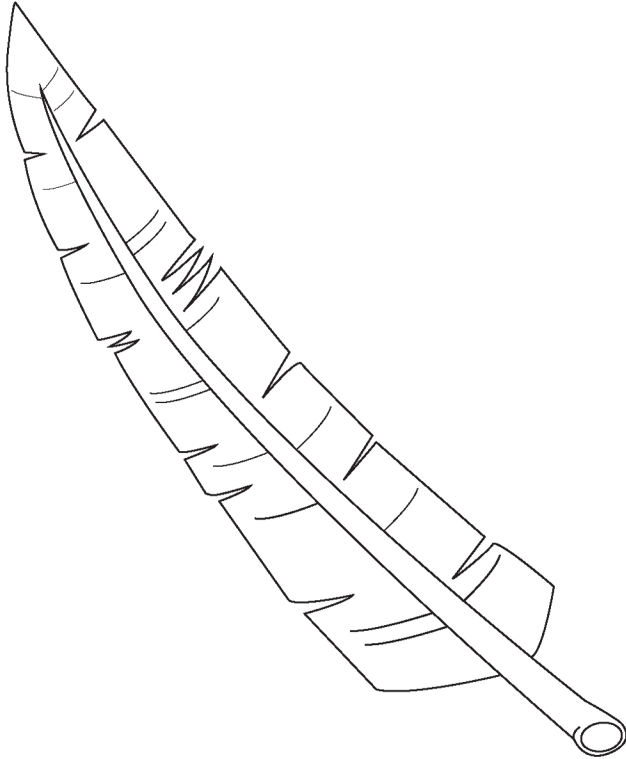


We're learning about...

WEIGHT

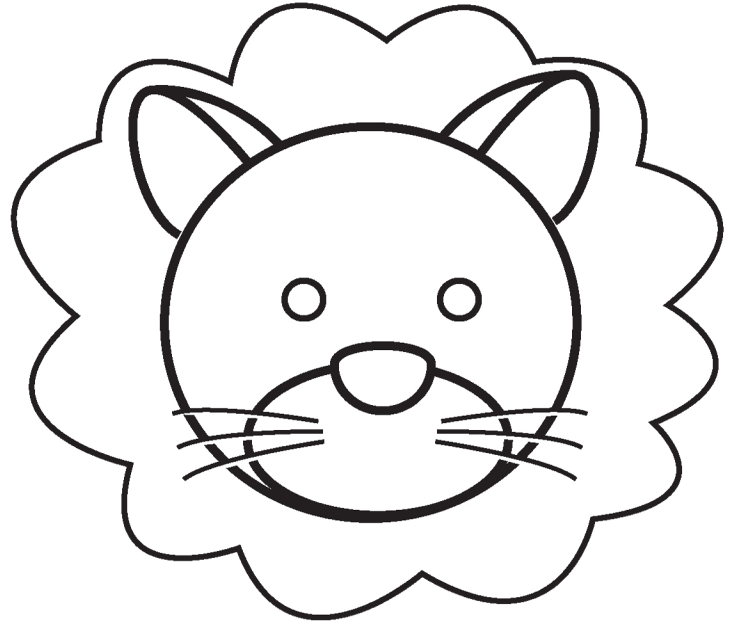
When we dance, our movement can be light or strong.



LIGHT

Reflection:

Ask your dancer~
How does your arm feel when you pick up a feather? How about when you pick up a big bag of potatoes?



STRONG

Explore at Home:

When traveling around the house, tiptoe lightly or stomp strongly from place to place!